

**MKA USA**  
**Taleem Syllabus and Workbook 2011 - 2012**  
First Quarter December 2011 – February 2012

### **Introduction**

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In this first of three workbooks you will learn the details of the salat in Islam. You will also think about the meaning of salat and its importance. You will explore readings from the Holy Qur'an, Hadith of the Holy Prophet Muhammad (saws), The Promised Messiah (as) and his Khulafa.

At the end of this workbook you should know all of the postures, timings and recitations of salat.

### **What you will learn**

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During your study of this workbook, you will accomplish a number of learning objectives. As you complete the exercises, activities and tests, you should check yourself to ensure that you are attaining each of these objectives. Each activity in the workbook will allow you to demonstrate your completion of each of these objectives.

If you have not mastered an objective, then you should go back and work through each of the exercises.

You should use the readings that you have been assigned to complete the exercises. Try not to rely solely on your opinion or ideas. Use the readings from the assigned texts to justify your responses.

At the end of this workbook you will be able to:

1. Discuss the importance of Salat using examples from authentic sources
2. Recognize the times of Salat
3. Perform the postures of Salat
4. Identify the postures of Salat
5. Comment on 3 verses of the Holy Qur'an that explain the Salat
6. Recite all parts of the Salat including Dua-e-qunut
7. Recite Surah Al Fatiha, Al Kauser Al Ikhlas, Al Falaq, Al Nas
8. Explain one metaphor for understanding the salat from the Hadith of the Holy Prophet (saws) or the writings of Hazrat Ahmad (as) or the Khulafa
9. Prepare a presentation, essay or video that describes one of the metaphors of the salat

### **Topics of study**

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1. The Importance of Salat
2. Salat
  - a. Prayers, names and timings
    - i. Salat postures
    - ii. Meanings and translations of the Salat
  - b. Quranic Surahs to be memorized for Salat
    - i. Al Fatiha, Al Ikhlas
3. Salat and its nature

### **Readings and resources**

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- **WELCOME TO AHMADIYYAT, THE TRUE ISLAM** (Pages 102 – 158 in 4<sup>th</sup> Ed.) Or (Pages 95 – 115 in 2<sup>nd</sup> Ed.) by Dr. Karimullah Zirvi Online: <http://www.alislam.org/books/ahmadiyyat/WelcomeBook2ndEd.pdf>
- **CONDITIONS OF BAI'AT & RESPONSIBILITIES OF AN AHMADI** (Pages 51 – 57) Hazrat Mirza Masroor Ahmad, Khalifatul Masih V Online: <http://www.alislam.org/introduction/conditions.pdf>

## Workbook 1 Study Pages

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The main readings for this workbook are located in the texts listed above.

The following table links each topic to its page location using the online version of the text. To use this grid you can go to the page in the paper edition of the book or simply click on the page number link. Also you might have the 4<sup>th</sup> edition of the book. In which case the readings begin at page 102. (We have provided you the starting page number for the topics covered in the chapter. You need to read the entire section.)

### Welcome to Ahmadiyyat

<i>Daily Prayers</i>	95
<i>Types of Prayers</i>	98
<i>Obligatory Prayers</i>	98
<i>Number of Rak'at in Each Prayer</i>	99
<i>Timings of the Prayers</i>	100
<i>Forbidden Times for Prayers</i>	102
<i>Offering Prayer While on Journey</i>	102
<i>Prayer (Arabic Part)</i>	105
<i>Vitr Prayer</i>	115
<i>Surah Al Fatihah</i>	108
<i>Surah Al Ikhlas</i>	108

### Conditions of Baiat

<i>Observe Five Daily Prayers</i>	52
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## Workbook 1 PowerPoint Presentation

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A supplement to this workbook is a PowerPoint Presentation on Salat. The presentation is available on the Taleem web site <http://mkausa.org/Talim/Taleem>

## Assessment & Activities

### Workbook 1 Memorization Activities

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Memorization is a key aspect of the salat. Work through these memorization activities either by yourself or with a brother who can help you to stay focus. Challenge yourself to memorize as much as possible.

1. Use the memorization log to practice your memorization of the Salat
2. Use a similar approach to memorize Surah Fatiha & Surah Ikhlas
3. If you have memorized 1 and 2 above then memorize Al Kauser, Al Falaq and Al Nas
4. If you have completed 1 – 3 above then memorize Dua-e-Qunut
5. Record yourself and post your recording to our online course site.

6. Listen to 3 other recordings and give feedback such as praise or advice

Name: \_\_\_\_\_

### Workbook 1 Test (To be completed by all Khuddam)

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1. When the prayer service is about to start, and Imam stands in his place, the Muazzin repeats \_\_\_\_\_ to indicate that the prayer is about to start.
  - a. Iqamat
  - b. Azan
  - c. Fard
  - d. Sunnat
2. Obligatory prayers are called \_\_\_\_\_
  - a. Sunnah
  - b. Fard
  - c. Wajib
3. How many fard rakat are in Zuhr prayer
  - a. One
  - b. Two
  - c. Three
  - d. Four
4. The timings of Asr prayer is?
  - a. When sun has crossed the zenith
  - b. Sun has further advanced in decline and reaches a point nearly half way between the beginning and decline of sunset
  - c. Sunrise
  - d. Sunset
5. When we shorten the obligatory prayers while traveling, it is called
  - a. Maghrib
  - b. Nafal
  - c. Qasar
6. When we start the prayer by saying "Allah Akbar", it is called:
  - a. Takbeer-e-Tehreema
  - b. Niyya
  - c. Qayam
7. What do we call the special prayer that is said during the Vitr Prayer
  - a. Qayam
  - b. Duaa-e-Istikhara
  - c. Duaa-e-Qunoot
8. Names of the following prophets appear in Durood Shareef (Select multiple if needed)
  - a. Jesus (as)
  - b. Moses (as)
  - c. Abraham (as)
  - d. Muhammad (sa)
9. What is the central theme of the Surah Ikhlas
  - a. Oneness of Allah
  - b. Prophet-hood of Muhammad (sa)
  - c. Death of Jesus
  - d. Blessings bestowed on Muhammad (sa)
10. What do we wash first in Wudu
  - a. Hands
  - b. Face
  - c. Feet

Workbook Test (Optional or could be completed as a group)

1. It is a commandment that men, women and children who have reached the age of \_\_\_\_ should offer the daily prayers.
2. Prayer is regarded as the \_\_\_\_\_ on which rests man's communion with God.
3. List 4 things that make Salat important

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4. Write out the transliteration and translation of the following verses. Explain their meanings.

4:104

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29:46

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5. List the names of the various stages of salat

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6. Explain 3 considerations of salat when one is on a journey.

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7. Draw and label an illustration of 4 of the stages of salat.

8. Complete the following table:

Salat Name	No. of Fardh Rakats	No. of Sunnah Before	No. of Sunnah After	Prohibited Time/s
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Fajr				
Zuhr				
Asr				
Maghrib				
Isha				
Vitr				

9. State the transliteration and translation of 3 of the prayers that are said in the salat.

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10. When is the only time that we are not commanded to go tot the mosque for congregational prayer?

Workbook 1 Discussion Questions (For Book Clubs & General Meetings)

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1. According to the third condition of Baiat we have pledged to regularly offer the 5 daily prayers how does knowing the salat and its meaning help us to meet this goal?

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2. Describe one metaphor that the Holy Prophet (saws) uses to explain the importance of Salat.
3. Describe one metaphor that The Promised Messiah (as) uses to explain the importance of Salat.
4. Describe one metaphor that KMIV uses to explain the importance of Salat.
5. How do these metaphors help you have a better appreciation of Salat?
6. What is the importance of making the salat slowly and with good rhythm?